

## The Road to Recovery Principles

**R** Principle 1 - Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.

**Happy are those who know they are spiritually poor,**

**E** Principle 2 - Earnestly believe that God exists, that I matter to him, and He has the power to help me recover.

**Happy are those who mourn, for they shall be comforted.**

**C** Principle 3 - Consciously choose to commit all my life and will to Christ's care and control.

**Happy are the meek.**

**O** Principle 4 - Openly examine and confess my faults to myself, to God, to myself *and* to someone I trust.

**Happy are the pure in heart.**

**V** Principle 5 - voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects.

**Happy are those whose greatest desire is to do what God requires.**

**E** Principle 6 - Evaluate all my relationships, offer forgiveness to those who have hurt me and make amends for harm I've done to others, except when to do so would harm them or others.

**Happy are the merciful. Happy are the peacemakers.**

**R** Principle 7 - Reserve a daily time with God for self examination, Bible reading, and prayer in order to know God, and His will for my life and to gain the power to follow His will.

**Y** Principle 8 - Yield myself to be used to bring this Good News to others, both by example and by my words.

**Happy are those who are persecuted because they do what God requires.**

# Our Purpose

**The purpose of the Celebrate Recovery ministry is to fellowship and celebrate God's healing power in our lives through the 8 Recovery Principles. This experience allows us to be changed. By working and applying these Biblical principles, we begin to grow spiritually. We become free from our addictive, compulsive and dysfunctional behaviors. This freedom creates peace, serenity, joy and most importantly, a stronger personal relationship with God and others. As we progress through the program we discover our personal, loving and forgiving Higher Power - Jesus Christ, the one and only true Higher Power.**

## Serenity Prayer

**God, grant me the serenity  
to accept the things I cannot change, the courage  
to change the things I can,  
and the wisdom to know the difference.  
Living one day at a time, enjoying one moment at  
a time; accepting hardship as a pathway to peace;  
taking, as Jesus did, this sinful world as it is; not  
as I would have it; trusting that You will make all  
things right if I surrender  
to your will;  
so that I may be reasonably happy in this life and  
supremely happy with You forever in the next.**

AMEN  
- Reinhold Niebuhr-

What makes  
Celebrate Recovery unique?

1. Celebrate Recovery is based on God's Word, the Bible.
2. Celebrate Recovery is forward looking.
3. Celebrate Recovery emphasizes personnel responsibility.
4. Celebrate Recovery emphasizes spiritual commitment to Jesus Christ.
5. Celebrate Recovery utilizes the Biblical truth that we need each other in order to grow spiritually and emotionally.
6. Celebrate Recovery addresses all types of hurts, habits, and hang-up

Do you need freedom from....

- ✝ Harmful relationships
- ✝ Drugs and alcohol
- ✝ Lust issues
- ✝ Food addiction
- ✝ Pornography
- ✝ The effects of physical, sexual, and/or emotional abuse

*If so, come join us as we work through Celebrate Recovery's 12 steps and 8 recovery principles and celebrate a new life of peace, serenity, and joy with others who can relate to your experiences.*

*Celebrate Recovery changes lives.*

*Why not start with yours?*

## THINGS WE ARE

- A safe place to share
- A refuge
- A place of belonging
- A place to care for others and be cared for
- Where respect is given to each member
- Where confidentiality is highly regarded
- A place to learn
- A place to demonstrate genuine love
- A place to grow and become strong again
- A place for progress
- Where you can take off your mask and allow others to know who you are
- A place for healthy challenges and healthy risks
- A possible turning point in your life

## THINGS WE ARE NOT

- A place for selfish control
- Therapy
- A place for secrets
- A place to rescue or be rescued by others
- A place for perfection
- A place to judge others
- A long-term commitment
- A quick fix

# Join us.....

## Friday nights

6:30 pm – 9:30pm

Door of Hope Community Church  
120 Church St., Rte 68  
Yalesville, CT 06492  
Phone (203) 741-1001  
[www.doorofhopecc.com](http://www.doorofhopecc.com)



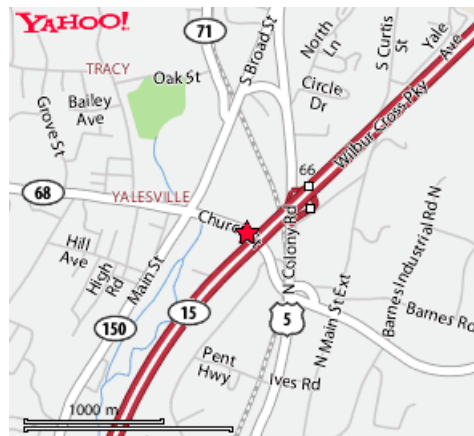
# CELEBRATE RECOVERY®

## The Road to Recovery

Eight Principles Based  
on the Beatitudes

*"My purpose is to give life  
in all its fullness."*

*John 10:10b*



*We are on Route 68, Next to Duchess*

*Come join us for an amazing  
spiritual journey!*